# Participate in Driven to Wellness

# And Save on Your 2022 Health Care Costs

You and your spouse need to simply complete an annual preventive exam to be eligible for the 2022 health care plan with the lowest cost sharing.



Both you and your spouse must complete the preventive exam requirement before **September 30**, 2021, to qualify for the 2022 health care plan with the lowest cost sharing. If you have any questions, please contact Member Service at 1-800-241-5704.

\* Please note: Prostate Specific Antigen (PSA) testing is a covered benefit. Urinalysis, Comprehensive Metabolic Panel, and Complete Blood Count (CBC) are not required as part of your preventive exam and ARE NOT covered as routine services. Please see your health benefit plan for information about covered services.

## The Exam\* Must Include:

- Blood pressure
- Height/weight
- Lipid panel, cholesterol, or fasting blood glucose



Please share the information on this card with your physician.











120 Fifth Ave. Pittsburgh, PA 15222-3099



### **PLEASE REVIEW:**

#### IMPORTANT PLAN INFORMATION ON REVERSE SIDE

Highmark Blue Cross Blue Shield is an independent licensee of the Blue Cross and Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意:如果您说中文,可向您提供免费语言协助服务。请拨打您的身份证背面的号码(TTY:711)。

8/19 HC407783